



2009 Linn-Mar Growl Prowl 5k

Overall Men's Winner: Ermin Sabljakovic 16:16.7 *New Growl Prowl record
Overall Women's Winner: Megan Murray 20:52.7 *New Growl Prowl record

Bib	Last Name	First Name	Age	Gender	Time
467	Sabljakovic	Ermin	23	M	16:16.7
428	Koser	Jordan	20	M	16:23.6
450	Newhouse	Mike	44	M	17:32.8
373	Niertert	Jeff	48	M	17:58.3
480	Friedhoff	Dalton	17	M	18:00.2
418	Wick	Josh	14	M	18:04.6
449	Read	Kyle	14	M	18:05.9
473	Cook	Keegan	14	M	18:34.1
477	Frana	Reid	17	M	18:49.9
437	McVay	Jason	15	M	18:54.8
468	McVay	Rylan	14	M	19:01.7
475	Wagner	Nick	35	M	19:04.7
419	Gardner	David	15	M	19:09.9
348	Anderson	Ryan	15	M	19:14.0
387	Peterson	Tony	15	M	19:25.8
346	Halverson	Jay	13	M	19:33.1
406	Trenary	Duggan	13	M	19:39.8
417	Bennett	Tristan	13	M	20:01.1
456	Colton	Rick	49	M	20:12.5
265	Mallicoat	Steve	39	M	20:19.3
442	Bettmann	Devin	15	M	20:28.7
262	Chaplin	Derek	26	M	20:36.7
476	Turner	Luke	41	M	20:38.4
299	Horak	Chris	37	M	20:40.7
474	Schulz	Conor	16	M	20:50.4
472	Murray	Megan	30	F	20:52.7
368	Fogerty	Andy	15	M	21:01.1
479	Sillman	Nick	16	M	21:05.2
430	Condon	Ryan	15	M	21:06.0
478	Frana	Ian	13	M	21:07.0
460	Tripp	Jonathan	12	M	21:13.1
365	Rathje	Tanner	13	M	21:13.7
461	Tripp	Rich	43	M	21:14.0
339	Uridil	Morgan	13	F	21:14.4

357	Decker	Noah	13	M	21:16.3
275	Brock	Tim	43	M	21:20.6
256	Grave	Jake	13	M	21:22.6
286	Lundy	Andrew	32	M	21:23.7
321	Murphy	Ryan	10	M	21:25.0
431	Tallman	Steven	14	M	21:28.5
481	Thornberg	Brian	17	M	21:33.5
390	Meeker	Steve	32	M	21:38.4
383	Estenson	Steve	34	M	21:41.3
316	O'Brine	Holly	27	F	21:46.2
469	Fawcett	Seth	14	M	21:53.3
482	Utsinger	Don	62	M	22:01.5
392	Hicks	Mike	36	M	22:05.4
464	Vogel	Kevin	48	M	22:18.4
274	Stone	Lana	41	F	22:18.9
483	Dickinson	Mick	17	M	22:27.9
407	Schaerr	Jonathan	14	M	22:35.7
352	Lorenz	Griffin	12	M	22:36.1
439	House	Aaron	14	M	22:42.0
466	Glendenning	Ronald	46	M	22:42.6
425	Goodell	Annie	14	F	22:42.9
424	Brandt	Kelsey	14	F	22:43.1
400	Almasi	Brooke	13	F	22:45.3
471	Zimmer	Mark	52	M	22:55.2
371	Jessen	Terry	41	M	23:06.1
294	Schillig	Carey	31	F	23:08.8
315	Novak	Caitlin	14	F	23:13.9
278	Winter	Jacob	12	M	23:16.3
359	Decker	Phil	44	M	23:19.6
350	Lorenz	Dave	47	M	23:25.1
318	Getz	Otto	32	M	23:28.4
330	Butterfield	Michael	31	M	23:33.0
375	Stradt	Laura	26	F	23:41.7
463	Sabers	Greg	25	M	23:52.7
358	Decker	Laura	43	F	23:54.5
314	Dotson	Kyle	30	M	23:58.3
465	Zimmerman	Linda	45	F	24:01.0
335	Sublett	Dana	13	F	24:05.1
341	Uridil	Doug	38	M	24:06.1
300	Fishwild	Doug	30	M	24:15.9
458	O'Donnell	Mike	45	M	24:21.6
287	Maikon	Sarah	13	F	24:26.0
470	Behrens	Dennis	37	M	24:27.7
421	Hecht	James	47	M	24:36.0
302	Chlystun	Grant	10	M	25:03.8
412	Duffy	Mike	40	M	25:08.7
362	Licht	Neel	37	M	25:09.7
402	Akers	Mason	28	M	25:17.5
420	Hecht	Catherine	17	F	25:22.8
334	Charlton	Melissa	13	F	25:26.5
266	Ly	Minh	41	M	25:27.1
452	Rogers	Jason	28	M	25:27.8
444	Meyer	Avery	14	M	25:29.7
385	Saville	Hanna	10	F	25:38.1

457	Lemon	Julie	42	F	25:43.7
295	Hopkins	Betty	50	F	25:44.1
308	Little	Becca	27	F	25:51.7
440	Slyter	Kirsten	14	F	25:57.0
393	Abbott	Megan	29	F	25:58.3
403	Nobles	Khory	8	M	26:07.6
369	Kolek	Kirk	30	M	26:08.9
361	Trautman	Connie	45	F	26:36.0
313	Dotson	Molly	32	F	26:36.6
277	Keeney	Scott	29	M	26:38.0
360	McGovern	Lisa	42	F	26:39.4
328	Clauson	Clauson	43	F	26:39.8
380	Stenersen	Steve	50	M	26:40.9
384	Nuss	Stephanie	32	F	26:50.8
427	Read	Cheryl	44	F	26:53.6
462	Higgins	Riley	9	M	26:55.3
433	Lorenz	Mollie	44	F	26:57.8
283	Schinstock	Jennifer	28	F	27:01.6
343	Peterson	Crystal	10	F	27:04.3
332	McHugh	Conor	8	M	27:07.5
331	McHugh	Mark	42	M	27:08.0
443	Blackford	Robin	37	F	27:14.6
454	Nuehring	Michelle	36	F	27:16.2
366	Fogerty	David	49	M	27:21.6
269	Pruitt	Brian	35	M	27:22.5
370	Kolek	Danyel	30	F	27:25.2
404	Chamberlain	Kim	45	F	27:31.3
377	Lorack	Jill	44	F	27:31.6
364	Sloterdyk	Luke	10	M	27:36.8
317	Chase	Heather	25	F	27:37.5
284	Engle	Janet	50	F	27:46.0
391	Gerst	Jason	36	M	27:51.5
436	Fritz	Colleen	47	F	27:55.6
322	Murphy	Kathy	42	F	27:56.3
345	Peterson	Evangelina	32	F	28:04.9
301	Greiner	Patty	48	F	28:26.8
363	Sloterdyk	Laurie	44	F	28:27.5
441	Slyter	Dean	50	M	28:33.3
381	Stenersen	Madeline	17	F	28:53.1
344	Peterson	Andrew	30	M	29:02.2
310	Christiansen	Denise	41	F	29:09.8
336	Bogert	Kathy	46	F	29:12.9
312	Kamp	Aly	24	F	29:37.5
276	Brock	Mitchell	12	M	29:38.3
311	Thompson	Aaron	33	M	29:39.5
258	Feldman	Brandy	31	F	29:51.3
282	Schmidt	Ethan	9	M	29:53.7
453	Newman	Gretchen	32	F	30:01.7
281	Schmidt	Cheri	37	F	30:03.2
304	Christian	Joshua	10	M	30:05.9
280	Schmidt	Alan	37	M	30:06.9
367	Fogerty	Sharon	47	F	30:07.6
451	Tersinar	Amy	36	F	30:24.7
401	Almasi	Nancy	42	F	30:25.2

305	Christian	Karla	38	F	30:33.2
410	Purvis	James	41	M	30:33.7
395	Hill	Elizabeth	33	F	31:07.4
319	Schaefer	Anthony	26	M	31:10.2
270	Virden	Ann	23	F	31:22.4
374	Heidemann	Chelsey	25	F	31:27.7
333	Schuring	Linda	39	F	31:32.2
459	Van Rheenen	Michelle	40	F	31:32.6
416	Woods	Greg	32	M	31:35.2
447	Jaspers	Cody	10	M	31:43.6
291	Carlson	Kurt	55	M	31:45.5
354	Lorenz	Carter	10	M	31:47.3
445	Meyer	Paxton	10	F	32:14.3
386	Henricksen	Mary Claire	11	F	32:14.8
259	Willer	Becky	32	F	33:03.3
324	Shiple	Carina	33	F	33:05.8
414	O'Toole	Bailey	25	F	33:14.6
434	Ryan	Maddy	12	F	33:24.1
432	Lorenz	Leah	12	F	33:24.6
389	Stevenson	Cynthia	47	F	33:40.2
438	Yardley	Melissa	29	F	33:50.5
382	Sherman	Kelly	27	F	34:02.4
388	Colton	Kristi	29	F	34:04.2
372	Jessen	Nolan	10	M	34:10.3
448	Jaspers	Drew	13	M	34:23.9
264	Phillips	Dan	34	M	34:24.4
267	Ly	Justin	15	M	34:48.8
399	Aschbrenner	Colin	10	M	35:05.9
397	Aschbrenner	Michele	42	F	35:23.0
292	Montross	Leam	35	F	36:03.8
325	Shiple	Derrell	54	M	38:35.7
353	Lorenz	Sarah	10	F	39:40.2
351	Lorenz	Leslie	47	F	39:41.2
446	Jaspers	Ben	7	M	40:01.2
396	Aschbrenner	Selena	10	F	41:00.2
398	Aschbrenner	Randy	42	M	41:02.2
297	Schillig	Dick	64	M	41:08.5
320	Schaefer	Kayla	23	F	41:16.0
279	Winter	Judy	46	F	43:01.7
340	Uridil	Audrey	10	F	44:57.5
338	Uridil	Lynn	40	F	44:58.7
356	Smitterbergh	Jessie	32	F	45:23.7
355	Rosenthal	Debbie	46	F	45:24.0
426	Goodell	Donna	44	F	45:48.8
394	Dabroski	Karen	59	F	45:49.4
349	Schaffer	Joan	53	F	45:53.8
347	Halverson	Ginger	47	F	45:54.6
405	Martin	Tina	38	F	45:55.0
422	Nicholson	Amy	37	F	45:56.2
484	Ryan	Kevin	46	M	46:10.9
327	Rathje	Angelica	22	F	46:14.5
326	Schmuecker	Tim	26	M	46:22.8
306	Ogle	Lisa	50	F	46:23.1
309	Anholt	Ruth	53	F	47:52.0

307	Felton	Amanda	30	F	48:13.0
298	Schillig	Juanita	60	F	49:30.9
293	Jaspers	Shelly	38	F	49:33.5
263	Kester	Tammy	40	F	50:16.5
435	Ryan	Deb	44	F	50:16.9